

Colorado Springs Swim Team 2010 Spring Open

April 16-17, 2010

- Location: Colorado College
14 Cache La Poudre
Colorado Springs, Colorado
- Sanction: Held under the sanction of USA Swimming: **Sanction Number: 2010-043**
- Facility: Indoor eight lane 25 yard pool. Depending on the number of entrants, individual sessions may swim using 7 lanes with one lane for continuous warm-up. The competition course has not been certified in accordance with USA Swimming regulation 104.2.2C (4).
- Timing: Colorado Timing System with display board.
- Rules: Current USA Swimming rules will govern the meet. The Meet Referee will be the final meet authority for the conduct of the meet.
- Eligibility: Open to USA Swimming registered athletes holding 2010 membership cards. Age as of April 16, 2010 will determine swimmer's age for the meet.
- Entries: Submit entries on a CSI ENTRY FORM OR A 3.5 INCH DISK FOR HY.TEC complete with all required information (name, USA number, entry time, age, and event number). Entries can also be submitted by e-mail using Hy-Tek comlink file. (Teams **not submitting** entries on a disk or via e-mail will be assessed a \$10.00 fee per team.) The meet will be limited to 300 individual entries in each session. The meet will be pre-seeded, except for the 500 yard freestyle and 400 yard IM which will require positive check-in. Swimmers in the 500 yard freestyle must check in by 5:30 PM on Friday and swimmers in the 400 yard IM must check in by 10:00 AM on Saturday. Swimmers in the 500 free will need to provide their own counters and timers (2 timers required). Swimmers in the 400 IM will need to provide their own timers. Entries must also be accompanied by the CSI meet verification form (USA swimmer registration verification).
- Qualifying Times: No qualifying standards for this meet EXCEPT FOR THE 500 FREESTYLE. CSST will limit the number of 500 freestyle entrants if we think the total number of swimmers is excessive.
- CSI Exceptions Report: Any CSI/USA Swimming registration errors must be corrected by Monday, April 5th with Kate Doane, Entry Chair. Teams will be notified via e-mail regarding registration errors. Swimmers who have not cleared registration exception problems prior to the start of the meet must re-register with USA/CSI swimming prior to the beginning of the meet.
- Events: Swimmers may enter five (5) individual events per day.
- Entry Fees: Individual events: \$3.60 per event (.60 per event to CSI support fund and .05 to MSL support fund).
- Surcharge: \$4.00 per swimmer.
- Deck entries: \$5.00 per event if lanes are available. The Meet Director reserves the right to deny a request for a deck entry if such entry would result in adding heats to existing events.

One *CHECK PER TEAM PAYABLE TO CSST*. Officials working both sessions will have one swimmer's entry fees refunded less the .50 CSI fee per event and the \$4.00 surcharge.

Entry Deadline: Entries must be received by Friday, April 9th

E-mail entries to: csstswim@msn.com

**Mail entries to: Kate Doane
Colorado Springs Swim Team
2301 N. Logan
Colorado Springs, CO 80907**

Awards: **High Point Awards 1st-6th place for: 8 & Under/9-10/11-12/13-14/15 & Over**

Scoring: Team scores will not be kept.

Officials: Teams participating in this meet are encouraged to provide on deck officials. Officials working in both meet sessions will be eligible for a refund of one swimmer's entry fees (less the pool surcharge and CSI support fund amounts).

Warm-up Procedures: Standard CSI warm-up procedures will be in force for this meet. Note that, in accordance with CSI regulations, all swimmers must enter warm-up lanes using a 3-point feet-first entry where both feet and one hand must be in contact with the deck or end wall immediately prior to entering the water. Swimmers entering the water during warm-ups will be observed and, if found to be in non-compliance with this ruling, the swimmer and/or their coach will be notified and warned of this violation of safety rules. Repetitive violations of this safety rule, if deemed by the Meet Referee to be willful or deliberately defiant, may result in the removal of the swimmer from competition for the remainder of the session.

Meet Schedule: **Friday, April 16th**

Evening session:	Warm-up	5:00-5:45 PM
	Meet	6:00 PM

Saturday, April 17th

Morning session:	Warm-up	7:00-8:20 AM
	Meet	8:30AM

Meet Director: Mike Doane 719-650-4799

Meet Referee: Mike McBride 719-237-2197

Safety: Donna Clarke

Entry Chair: Kate Doane 719-761-8204

Programs: \$3.00

Meet results: Results will be e-mailed with 24 hours from the completion of the meet.

Concessions: Available in pool lobby.



Order of Events

Event #	Girls	Event	Boys	Event #
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Friday Evening

Warm-up: 5:00-5:45 PM
Meet start: 6:00 PM

1	NT	9 & Over 200 IM	NT	2
3	NT	Open 50 Free	NT	4
5	8:00.00	9 & Over 500 Freestyle	8:00.00	6

Saturday Morning

Warm-up: 7:00-8:20 AM
Meet start: 8:30 AM

7	NT	8 & Under 25 Butterfly	NT	8
9	NT	12 & Under 50 Butterfly	NT	10
11	NT	11 & Over 100 Butterfly	NT	12
13	NT	11 & Over 200 Butterfly	NT	14
15	NT	8 & Under 25 Backstroke	NT	16
17	NT	12 & Under 50 Backstroke	NT	18
19	NT	11 & Over 100 Backstroke	NT	20
21	NT	11 & Over 200 Backstroke	NT	22
23	NT	8 & Under 25 Breaststroke	NT	24
25	NT	12 & Under 50 Breaststroke	NT	26
27	N	11 & Over 100 Breaststroke	NT	28
29	NT	11 & Over 200 Breaststroke	NT	30
31	NT	8 & Under 25 Freestyle	NT	32
33	NT	Open 100 Free	NT	34
35	NT	9 & Over 200 Free	NT	36
37	NT	Open 100 IM	NT	38
39	NT	11 & Over 400 IM	NT	40

Important Reminders

Swimmer in events 5-6 need to check-in by 5:30 PM on Friday.

Swimmers in events 39-40 require a positive check-in on Saturday by 10:00 AM.

Swimmers in events 5-6 need to provide their own timers and counters (2 timers needed).

Swimmers in events 39-40 need to provide their own timers (2 timers needed).

Directions to Colorado College Pool

Take the Uintah exit (#143) off I-25. East three blocks to Cascade. Right (south) on Cascade two blocks to Cache La Poudre. Right (west) on Cache La Poudre one half block. Pool is on the right.